

## Safari: What to Pack

## Clothing

- Sun hat/bush hat
- Headscarf/bandana particularly for dusty dry regions
- Golf-shirts and/or T-shirts preferably with a sleeve to protect your shoulders from the sun
- Long-sleeved cotton shirts
- Shorts and/or skirts short skirts are not practical for getting in and out of game drive vehicles
- Long trousers/slacks
- Track suit
- Pyjamas lightweight for summer and warm/thermal for winter
- Underwear on game drives the roads can be bumpy and uneven so a suitable bra may be required
- Socks thermal options are recommended for the winter months
- Good closed walking shoes (running/tennis shoes are fine)
- Sandals preferably low heeled or flat if you are going on safari
- Swimming costume
- Lightweight jersey or fleece in summer
- Light rain gear or jacket for summer months
- Warm jersey or fleece plus anorak or parka in winter
- · Scarf, gloves and beanies/woollen hats for the cold winter months

## Equipment/Other

- Good quality sunglasses, UV protected, preferably polarised. Tinted fashion glasses are not good in strong light.
- If you wear contact lenses, we recommend that you bring along a pair of glasses in case you
  get irritation from the dust.
- Personal toiletries (basic amenities are supplied by most establishments)
- Moisturising cream and suntan lotion SPF 30 or higher recommended
- Insect repellent for body application, e.g. Tabard, Rid, Jungle Juice, etc.
- Tissues/Wet Wipes
- Basic medical kit (aspirins, plasters, Imodium, antiseptic cream and antihistamine cream, etc.)
- · Malaria tablets (if applicable)

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- Antihistamine tablets if you suffer from any allergies
- Anti-nausea tablets if you suffer from motion sickness
- Torch
- · Camera equipment including spare batteries, chargers, film, flash cards, memory sticks, etc.
- Waterproof/dustproof bag or cover for your camera
- We highly recommend that you bring your own pair of binoculars for viewing both wildlife and birds. The recommended general purpose binocular specifications are 8x40 or 10x42.
- Visas, tickets, passports, money, credit cards, insurance details, etc.

**NOTE 1:** Bright colours and white are not advisable whilst on safari. Camouflage clothing is not recommended for travel in African countries (camouflage or military-inspired clothing is prohibited when travelling in Zimbabwe).

Remember it gets cool in the evenings once the sun has set, so always bring a cardigan or jacket for evenings. An early morning game drive can be a little chilly too, even in the summer months. Avoid wearing expensive jewelry while in Africa.

Experienced travelers all agree that the most common mistake is overpacking. Pack light and pack smart!

\* Take a small "overnighter" bag to carry-on. This bag should contain everything that you will need to survive for 48 hours should your primary bag not arrive (include any medications). Include international electric adaptor.